

5.1 km

K 70 - FEMALE

Plats Namn Född Start nr Tid Min/km Klubb/ort

1 ENGELBY Ulla 54 #692 00:28:49 5'39 OK Pan Kristianstad

M 65 - MALE

1 OLSSON Anders 60 #685 00:20:23 4'00 IS Göta

2 OLSSON Jerry 57 #691 00:23:09 4'32 Björnstorps IF

3 HÅKANSSON Bengt 58 #688 00:25:52 5'04 IS Göta

M 70 - MALE

1 ANDERSSON Bo 52 #689 00:25:01 4'54 Genarps IF

M 75+ - MALE

1 LINELL Kerry 50 #690 00:31:30 6'11 Björnstorps IF

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12.6 km

K 35 - FEMALE

1 SÖDERGREN Sandra 89 #922 00:55:37 4'25 FIF Gnistan

2 LINDSKOG My 87 #949 00:58:04 4'36 GF Idrott

3 HULTKRANTZ Cornelia 86 #965 01:08:06 5'24 Team Blekinge

K 40 - FEMALE

1 OTTOSSON Jannike 82 #924 00:53:51 4'16 Team Blekinge

M 40 - MALE

1 JOHNSSON Karl-Johan 84 #935 00:55:51 4'26 Umara Sports Club

M 45 - MALE

1 HOLMGREN Henrik 80 #971 00:46:28 3'41 Kyrkhults SK

2 SVAXËN Johan 80 #944 00:48:55 3'53 Åhus FIK

3 KASTBERG Pontus 77 #950 00:58:24 4'38 IS Göta

K 50 - FEMALE

1 SPIJUT Karin 72 #964 00:51:19 4'04 IKHP

2 HÅKANSSON Liselott 71 #967 00:58:49 4'40 Ryssbergets IK

M 50 - MALE

- 1 EDVARDSSON Martin 75 #968 00:52:32 4'10 Ystads IF
- 2 MÅNSSON Erik 71 #930 00:56:17 4'28 Åhus FIK
- 3 SVENSSON Patrik 74 #974 00:59:05 4'41 Ryssbergets IK
- 4 OHLIN Daniel 73 #907 01:01:54 4'55 Björnstorps IF

K 55 - FEMALE

- 1 ELFING Sara 70 #910 01:08:38 5'27 Karlshamns SK

M 55 - MALE

- 1 ASTRÉN Patric 68 #932 00:53:27 4'15 Ryssbergets IK
- 2 MURRAY Stephen 66 #937 00:53:37 4'15 Björnstorps IF
- 3 DREIFALDT Per 69 #925 00:57:20 4'33 Åhus FIK
- 4 FORSBERG Jan 66 #954 01:00:00 4'46 IK Pallas
- 5 CEDERGREN Richard 68 #921 01:04:28 5'07 Härlövs IF
- 6 SJÖLANDER Jesper 69 #976 01:32:19 7'20 Björnstorps IF

K 60 - FEMALE

- 1 OLSSON Marie 63 #963 00:56:50 4'31 Björnstorps IF
- 2 ÅKESSON Lisette 62 #945 01:11:18 5'39 Björnstorps IF
- 3 DREIFALDT Ingrid 64 #955 01:21:41 6'29 Åhus FIK

M 60 - MALE

- 1 JÖRGENSSON Christian 64 #958 00:58:26 4'38 MAI
- 2 MAGNUSSON Stefan 65 #920 00:58:35 4'39 Heleneholms IF
- 3 SVENSSON Mats 65 #931 01:01:32 4'53 Ryssbergets IK
- 4 PEDERSEN Bengt 61 #913 01:14:00 5'52 IK Pallas
- 5 PETTERSSON Torgny 64 #938 01:16:08 6'03 IK Pallas